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**Title of the dissertation:** Sport in the leisure culture of young people

**Abstract:** This doctoral thesis addresses the role of sport in the leisure culture of young people. In recent years, issues related to the use of time in general, and leisure time in particular, have been increasingly discussed. Modern people usually have more leisure time at their disposal, and this also applies to adolescents. Despite many advantages, leisure time carries significant risks if it manifests as so-called “empty time.” Therefore, it is important to offer young people opportunities to fill their leisure time in ways they will voluntarily engage in, which simultaneously allow for the realization of the basic functions of leisure time (rest, play, self-improvement). One such form of activity can be sport. The author conducted research on the role of sport in the leisure culture of young people, implementing methods such as surveys, interviews, and biographical-narrative interviews. Based on the analysis of the collected research material, the author described the time budget of adolescents, including leisure time. The dissertation presents the place of sport in the leisure time of young people, types of sports activities among them, and the role of sport in youth peer groups, in the families of young people, and in their school environment.

**Keywords:** sport, leisure time, leisure culture, young people/adolescents